

INSTITUTE FOR CONTINUING EDUCATION IN ART THERAPY (ICE/AT)

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COURSE CATALOG

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COURSE CATEGORIES

The course catalog is organized into eight main subject tracks to help participants quickly find areas of interest and assist in making selections for online learning. Simply click on the links below to view courses within the specific category.



Courses in the catalog that are marked with this symbol require the online learner to have the ability to listen to the audio portion of the course materials through their computer speakers.

A001 – Art Therapy and Assessment Diagnosis – Courses about art therapy assessments, current research, and theoretical models taught by experienced researchers and pioneers of art therapy.

A002 – Art Therapy and Multiculturalism – Courses on how art therapy is applied in a variety of settings and cultures. Increase multicultural competency by learning about cross-cultural relationships, programs, and practices.

A003 – Art Therapy in Various Populations and Settings – Courses that provide instruction on therapeutic best practices, case studies, and art therapy techniques and methods. You'll also expand your knowledge of art therapy with a variety of populations and settings including: Addictions/Substance Abuse, Child/Adolescents, Elderly, Medical Settings, Psychiatric Settings, and School Settings.

A004 – Art Therapy and Trauma – Courses based on art therapy techniques and methods for individuals who have experienced trauma.

A005 – Art Therapy Education & Supervision – Courses that explore updates in art therapy training and education. Focus on the latest teaching methods, supervision techniques, and educational developments.


A006 – Art Therapy and Ethics – Courses based on ethics in art therapy.


A007 – Art Therapy Theory, Practice, and Techniques – Courses that provide instruction on art therapy theories, methodologies, practices, approaches, and techniques with a variety of population groups and in various settings.

A008 – Art Therapy Professional Practice Issues – Courses that explore contemporary issues and current trends for art therapists, from business strategies to practice standards, and more.

Course Category: A001 - Art Therapy and Assessment and Diagnosis

- Course Title:** 0100 - Assessing Attachment with the Bird's Nest Drawing - A Review of the Research
- Course Description:** The Bird's Nest Drawing (Kaiser, 1996) is an art-based assessment that was developed to assess attachment security. In the past 10 years, several studies have further tested this art therapy directive with various populations. This course briefly reviews attachment theory, and delineates the significant findings from five of the studies. It also presents the implications of clinical use of the Bird's Nest Drawing and need for future research.
- CECs:** 1 CEC.
- Course Fee:** \$25 for American Art Therapy Association Members, \$40 for nonmembers.
- Course Authors:** **Donna Kaiser**, PhD, ATR-BC, LPC, LMFT, is Assistant Professor of Psychology, Albertus Magnus College, New Haven, CT and **Sarah Deaver**, MS, MS Ed, ATR-BC, is Associate Professor and Research Director, Graduate Art Therapy Program, Eastern Virginia Medical School, Norfolk, VA
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- Course Title:** 0101 – Introduction to Affective Color Symbolism and Markers Cosplay: Standardized Procedure for Diagnostic and Clinical Use
- Course Description:** This session will focus on the theory and practice of an interview assessment procedure-the Affective Color Symbolism and one of its applications, Markers Cosplay. This procedure allows children or adults to express themselves in a nonthreatening way and be better understood through the nonverbal and interactive process.
- CECs:** 1 CEC.
- Course Fee:** \$25 for American Art Therapy Association Members, \$40 for nonmembers.
- Course Author:** **Liona Lu, D.F.A., ATR-BC**, an American trained and Board Certified art therapist, is both the founder of Taiwan Art Therapy Association (2004), and Graduate Art Therapy Program of Taipei Municipal University of Education (2005). She has been a full-time professor in TMUE since 1989, and has been invited for giving lectures, workshops, nationally, and internationally.
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- Course Title:** 0102 – Picture a Changing Mind: Art Therapy, Neuroplasticity, and the Unconscious
- Course Description:** This course intends to generate thought and discussion about the integration of art therapy and neuroscience from a philosophical, assessment, intervention, and research perspective. We will review the potential of art therapy to change the brain and of neuroscience to enhance the understanding and applications of art therapy.
- CECs:** 1 CEC.
- Course Fee:** \$25 for American Art Therapy Association Members, \$40 for nonmembers.
- Course Author:** **Juliet King M.A., ATR-BC, LPC** is a member of the Art Therapy faculty in the Department of Creative Arts Therapies at Drexel University. Licensed as a Professional Counselor in both PA and NJ, Ms. King maintains a private practice servicing children, adolescents, and adults utilizing art and verbal psychotherapy.
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Course Category: A002 - Art Therapy and Multiculturalism

- Course Title:** 0200B - Community-Based Art Studios in Europe and the United States: A Comparative Study
- Course Description:** The survey research in this course compares the structure and practices of seven community studio art programs for artists with disabilities in Europe to eight programs in

the United States. Art therapy and disability arts literature was reviewed to establish a theoretical context for this project. A survey research method was used, with statistical and narrative analysis to interpret the data.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Randy M. Vick**, MS, ATR-BC, LCPC, is an associate professor of art therapy at the School of the Art Institute of Chicago and a member of the Editorial Review Board of *Art Therapy* and **Kathy Sexton-Radek**, PhD, is a professor in the psychology department at Elmhurst College. She has collaborated on research design and statistical analysis aspects of projects with Randy Vick for 10 years. She is the author of numerous peer reviewed articles in the area of Behavioral Medicine.

Course Title: **0201 - Cross-Cultural Psychotherapy and Art**

Course Description: This course presents an introduction to cross-cultural psychotherapy, with reference to historical theories of art, symbols and myth, and to the therapist working with the client—both individual and groups. Cross-cultural dimensions of art therapy are delineated with a support for further research and cooperation between cultures, with attention given to outcomes relative to art therapy practice and training.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Dr. Shaun A McNiff**, ATR, HLM is the University Professor at Lesley University in Cambridge, Massachusetts, where he has established a program in Advanced Graduate Studies in Creativity, Imagination, and Leadership. An internationally recognized figure in the area of creativity enhancement, he is the author of several books. McNiff has been honored for his pioneering contributions to the creative arts therapy field. He is the 1997 recipient of the American Art Therapy Association's Honorary Life Member Award and also served as the President of the American Art Therapy Association, Inc. from 2001-2003.

Course Title: **0202 – Within The Box: Cross-Cultural Art Therapy With Survivors of the Rwanda Genocide**

Course Description: This course discusses the creative making of boxes as a cross-cultural art therapy intervention in Kigali, Rwanda, with survivors of the 1994 Rwandan genocide. The box as an art form is particularly applicable with young adult survivors, given the nature of their prodigious trauma and the possibility of posttraumatic stress disorder, as well as their cultural mode of emotional expression. Physical and metaphorical characteristics of the box are examined and discussed with corresponding aspects of the Rwandan culture. Three case examples from the art therapy group demonstrate how the metaphor of the box resonated with young adult genocide survivors and functioned as a catalyst for expression, healing, and reconnection with the self.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Valerie Chu**, MA, LCAT, ATR-BC is an art therapist at the Center for Family Life in Sunset Park, Brooklyn, NY. Ms. Chu was on the production team of a film about Rwandan genocide survivors. The film, *Munyurangabo*, won the International Grand Jury Prize at the AFI Film Festival in 2007.

Course Title: **0203 – An Intersectional Framework for Race, Class, Gender, and Sexuality in Art Therapy**

Course Description: This course calls for an examination of identity and difference from a sociocultural perspective in art therapy theory and practice. Identity markers such as race, class, gender, and sexuality have tended to be seen in isolation and in ways that hamper the

ability to understand and theorize difference. In constructing knowledge and in advancing more effective practices, art therapists need to examine identity and difference not only from a psychological perspective, but also from social and cultural ones. An intersectional framework that demands self-reflexivity is presented as important to research, scholarship, organizational policy making, and theorizing that shapes art therapy practice.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Savneet Talwar, PhD, ATR-BC** is an Associate Professor of Art Therapy at the School of the Art Institute of Chicago.



Course Title: **0204 – Art Therapist’s Perspective: History of Creation of Russia’s First LGBT Film Festival**

Course Description: This course will discuss the history of organizing "Side by Side," the first LGBT Film Festival in Russia. The creation of this open cultural institution aimed to establish a critical basis for future creative, educational, and community outreach work that we know in traditional art therapy and community healing practices

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

CECs: 1 CEC.

Course Author: **Ksenia Meshcheryakova, M.S.W., ATR, LMSW**, practiced as a psychologist in Russia. With the support of the Ford Foundation she studied art therapy in NYU. She earned her M.S.W. from the Hunter School of Social Work. She currently practices in New York and is a founder of several Russian non-profit organizations servicing under-privileged populations.



Course Title: **0205 – The Burma Project: Journeys to a Different Landscape**

Course Description: A panel of art therapists with the Art Therapy Institute of North Carolina share their experiences of utilizing art therapy with refugees from Burma who have resettled in the Triangle area of North Carolina. Together they find creative ways in which to address the mental health needs of this population.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

CECs: 1.5 CECs

Course Authors: **Eva Miller, M.P.S., ATR** is one of the co-founders of the North Carolina Art Therapy Institute and currently facilitates art therapy groups for women with eating disorders, adults with acquired brain injury, and refugee children. She also directs the recreation program at a local healthcare & rehabilitation center in Raleigh, NC. **Kristin Linton, M.A., ATR, LPC** is an organizing founder of the Art Therapy Institute, has worked to promote awareness of the field, access to services, and educational trainings. Currently she is working on the Burma Project in the Chapel Hill schools where she is also the district art therapist for the Exceptional Needs Program. **Hillary Rubesin, M.A., LPC. Ilene Sperling, M.A., ATR, LPC**, is a master's level art therapist and the clinical director of the Institute in North Carolina. She has experience working with diverse populations of various ages in inpatient psychiatric units for children and adolescents, public schools, day treatment mental health centers, childcare settings, and private practice.



Course Title: **0206 – The Visual Voice Project: A Social Action Pilot Between Haitian and U.S. Urban Youth**

Course Description: The Visual Voice Project (VVP) uses social action methods to address social needs, possible solutions, and the methods of the VVP. The VVP is designed to promote resiliency, agency, and hope for the future in Haitian and U.S. youth. Personal and professional connections to both populations are also discussed.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.
CECs: 1 CEC.
Course Author: **Sarah L'Heureux, M.A.A.T.**, graduated from School of the Art Institute of Chicago, and has a B.A. in Fine Arts and Art Therapy from Mount Mary College. Passionate about working with youth to promote resiliency, agency, and hope for the future leads her work with youth in Haiti and U.S. through personal and professional connections.

Course Category: A003 - Art Therapy in Various Populations and Settings

Course Title: 0300 - The Twelve Steps and Art Therapy
Course Description: The innovative approach addressed in this course to alcohol dependency introduced by Alcoholics Anonymous has revolutionized the treatment of addictions. Important to this approach are the 12 steps, which articulate the actions needed to recover from addiction and create a spiritual awakening. Art therapists working with addictive clients will benefit from practical knowledge of and ability to apply the 12 steps in treatment.
CECs: 1 CEC.
Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.
Course Author: **Kell Julliard**, MA, MFA, ATR-BC, holds a Master's in Expressive Therapy from the University of Louisville, a MFA in drama from the University of Arizona and a Masters Degree in Art Therapy. He worked in the chemical dependency field in Louisville and at Payne-Whitney Clinic in New York. He currently serves as an Assistant Vice President at Lutheran Medical Center.

Course Title: 0301 – One-to-One Structured Art Therapy (OSAT): An Intervention Manual for Persons Living with HIV/AIDS
Course Description: This course is intended for art therapists who are treating individuals living with HIV/AIDS and having difficulty reflecting on their experiences. Testing positive for HIV can be a traumatic and life-altering experience. This course outlines detailed procedures for carrying out OSAT, including guiding the therapist and client through instructions on sessions designed to help the client access and express feelings about the impact of living with HIV/AIDS through the medium of art.
CECs: 2 CECs.
Course Fee: \$50 for American Art Therapy Association Members, \$80 for nonmembers.
Course Authors: **Douglas Amonite**, B.F.A., D.T.A.T.I. is an art-psychotherapist based in Toronto, Ontario. In addition to private practice, he lectures on the benefits of creative expression through art therapy, particularly in the clinical application of art therapy with person's living with HIV/AIDS and cancer. He has presented his work nationally and internationally, and has been published in the Canadian Journal of Palliative Care in this area, and **Dr. Peter L. DeRoche**, MD, FRCP (C), Assistant Professor, University of Toronto, Toronto, Ontario, and **William J. Lancee** Ph.D, Head of Research, Psychiatry, Mount Sinai Hospital, Associate Professor, University of Toronto, Toronto, Ontario.

Course Title: 0302 – Art Therapy and Neuroscience Blend: The Uses of Art Therapy with Patients Who Have Dementia
Course Description: Art Therapy is an extremely effective, yet highly underutilized treatment modality for patients with dementia. This course provides an exploration of dementia, an umbrella term encompassing 70 types. Alzheimer's Disease is covered in more depth, being the most prevalent form. After understanding the neurological nature and manifestations of different types of dementia, course participants will explore ways that psychological and art therapy theories apply to working with this population, as well as the nature of this unique therapeutic relationship, communication techniques, graphic indicators of

dementia, and suggestions for setting up and implementing a successful art therapy program for individuals or small groups.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Ellen Greene Stewart, ATR-BC, LCAT** is a private practitioner in rural upstate NY. She is a graduate of Goddard College's Psychology and Counseling Program, and is also a certified School Counselor. Ms. Stewart is also the co-author of *Superheroes Unmasked*, an emotional literacy curriculum for children, by Youthlight Publishing.



Course Title: **0303 – Young at Art: The Endless Possibilities of Art Therapy with Senior Adults**

Course Description: With the growing body of research confirming the benefits of creative activities for older adults with Alzheimer's disease, it is imperative for art therapists to serve this often unrecognized population. This course presents creative and experienced-based information on how to best engage this group in therapeutic art interventions. This course includes art therapy with elderly in three different settings: studio groups, individual art therapy in an adult day center, and in a museum setting. The course provides an overview of benefits, art therapy interventions, and case studies.

CECs: 1.5 CECs.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

Course Authors: **Anna S. Ford, MA**, obtained her Master's degree from The George Washington University. She has worked with hospitalized children and their families, suicide survivors, patients with eating disorders, and with youth in Managua, Nicaragua. She is currently the art therapist at Iona Adult Day Health, Wellness, and Arts Center in Washington, DC. **Catherine M. Harris, MA** received her professional training from George Washington University in 2007. Immediately following graduation, she created an art therapy program specially designed for older adults with Alzheimer's Disease at IONA Senior Services in Washington, DC. She currently lives in Memphis, where she contracts with over ten different senior organizations. **Emery H. Mikel, MA, ATR** provided studio art therapy to the elderly and people living with dementia throughout the Washington, DC area until her recent relocation to Huntington, NY. She created and conducted her own contract service with 15-20 retirement homes and supervised interns from George Washington University. She studied Transpersonal Art Therapy at Naropa University.



Course Title: **0304 – Carry Me With You: Art Therapy and Families Facing Deployment**

Course Description: The wars in Iraq and Afghanistan have brought about unprecedented cycles of deployment. The increasing frequency of these cycles has resulted in raised stress levels for military families. This course will identify the implications of military deployment on the psychological development and mental health of children within military families, and will provide some possible interventions.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Elizabeth Fisher** received her M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She has done work through practicum, internship and as an employee with hospice, working with patients who have eating disorders, and with clients with chronic mental illness. Her current interests in art therapy lie in working with adults dealing with transition and trauma. **Annice Johnson** holds an M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She is an art therapist involved in social activism community art projects and works with empowering adolescents in Colorado. She has worked with an array of populations and as an American citizen and a military brat, Annice is very interested in finding ways to better support the military and their families. **Chelsea O'Neil** holds an M.A. in Transpersonal Counseling Psychology: Art Therapy from Naropa University. She is

currently working at a domestic violence support services agency on the front range of Colorado. Chelsea approaches art therapy with a social justice framework, incorporating elements of civic engagement, grassroots organizing, community-based programs, and a continual exploration of the intersectionality of oppression and privilege into the therapeutic practice. Chelsea is also an Army brat who has a passion for supporting military service members and their families.



Course Title: **0305 – The Secret World of the Elderly: A Studio Approach that Raises Awareness**

Course Description: Studio art therapy benefits the elderly and people with Alzheimer's by creating a space for expression, decision-making, and social interaction at a time when choices might otherwise be limited. Taking this approach into retirement homes can raise self-esteem, provide a sense of purpose, and empower residents. This course provides an overview of the challenges and benefits of contracting art therapy as well as specific projects and interventions that can be used with this population.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Emery H. Mikel, MA, ATR** provided studio art therapy to the elderly and people living with dementia throughout the Washington, DC area until her recent relocation to Huntington, NY. She created and conducted her own contract service with 15-20 retirement homes and supervised interns from George Washington University. She studied Transpersonal Art Therapy at Naropa University.



Course Title: **0306 – Artful Gerotranscendence: Awakening Awareness of Life Satisfaction for Elders through Creative Engagement**

Course Description: Participants will receive an overview of the developmental theory of gerotranscendence, which explains that many older adults experience the awakening of a shift from a more rational, materialistic worldview to a holistic and spiritual attitude. Art therapy supports this growth through the creative, meditative, and reminiscent qualities of artistic engagement. This course provides art therapy activities and techniques for working with this population.

CECs: 1.5 CECs.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

Course Authors: **Deborah Little Bear, MA, ATR**, Certified Gerontologist, is a past Membership Director of the Northern California Art Therapy Association. She has worked with elders in a variety of clinical, transitional care and residential settings in Sonoma County, California for ten years. Gerontological theory informs her practice. **Isabel Lenssen, MFA, MFT, ATR**, lives in the San Francisco Bay Area and provides therapy for the elderly by facilitating creative engagement, individually and in groups, in their homes or at care facilities. **Barbara Petterson, MS, MFT**, is currently pursuing a Master's Degree in Art Therapy at Notre Dame de Namur University in Belmont, CA. She specializes in working with older adults, and is interested in the development of art practice and artist identity in art therapists and their clients.



Course Title: **0307 – Art Therapy With Street Youth**

Course Description: An introduction to the area of art therapy practice with adolescents who are identified as 'street youth'. Through a group art therapy case study with street youth, the key developmental tasks, key therapeutic issues and key ethical issues related to art therapy with teenagers are addressed. Answers to frequently asked questions about art therapy work with teenagers are given. Awareness is activated regarding common issues when working with youth. Reasons why art therapy is a highly compatible mode of treatment for teenagers are outlined. Lots of very practical ideas about working with youth through the arts are presented.

CECs: 3 CECs.

Course Fee: \$75 for American Art Therapy Association Members, \$120 for nonmembers.

Course Author: **Duanita G. Eleniak, PhD, MSW, RCSW, ATR, RCAT, BCATR**, is a registered clinical social worker, registered art therapist, philosopher of consciousness studies, and author of *"The Role of the Arts in Shifting Consciousness"* (2010). She also has a private practice in North Vancouver, Canada providing individual, couple, family and group counselling to people of all ages to assist with trauma (sexual abuse, death, loss, divorce, accidents, and, medical issues), stress management, career change, anxiety, depression, inspirational counselling and empowerment. She is also Co-founder of the Mentoring Store.

 **Course Title:** **0308 - Club About Social Development: Art Therapy and Autism Research Preliminary Results**

Course Description: This course will highlight the preliminary research results of an Art Therapy Autism Social Support Group. The Group, Club ASD (About Social Development), provides art-based social skills lessons and community field trips to help individuals with Autism and Asperger's learn and practice social skills.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Jessica Stallings, M.S., ATR-BC** is an art therapist and Assistant Professor at Emporia State University. She worked at the University of Nebraska Medical Center for developing and implementing a social skills curriculum for individuals on the Autism Spectrum. She has experience with varied populations including adolescents, older adults and individuals with disabilities, specializing in autism. She is now in the process of setting up autism social skills programming in the town where she lives.

 **Course Title:** **0309 - Finding the Art Therapist's Role in a Therapeutic Alternative High School**

Course Description: What is the Creative Art Therapist's role in a therapeutic alternative high school? In this course we will explore the question by looking at the parallel process between the art therapist exploring his/her role within an institution, and the Seriously Emotionally Disturbed adolescent searching for his/her identity.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Melissa Klay, Ph.D., ATR-BC, LCAT**, is a licensed and registered Creative Arts Therapist with a Ph.D. in Clinical Psychology. Melissa has a private practice in NYC and Upper Westchester. She works with adolescents and young adults as well as supervises LCATs. She is also a professor at Pratt Institute and College of New Rochelle.

 **Course Title:** **0310 – Integrating Art Therapy and the DIR®/Floortime™ Model for Children with Autism Spectrum Disorders**

Course Description: Invite the child with autism to experience creativity by first understanding them and then joining them in their world. The DIR®/Floortime™ approach teaches us to follow the child's natural emotional interests while challenging them toward greater mastery of their social, emotional, and intellectual capacities.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Pamela Ullmann, M.S., ATR-BC** is a board certified and licensed art therapist who has practiced in the field for 15 years, working with children and families in a variety of community and healthcare settings. Pamela has worked with children dealing with loss through the Journey's Program at Valley Home Care in Bergen County, NJ. She was

instrumental in developing the Art Therapy program in 2003 for the Elizabeth Seton Pediatric Center in Manhattan and subsequently served as director of the Child Life and Therapeutic Activities department there. Pamela has an independent practice called Colors of Play, LLC and has recently formed a nonprofit organization, Healing Arts Family Connection, Inc. that provides creative arts therapy services for children with special needs and families throughout the tri-state area.

Course Category: A004 – Art Therapy and Trauma

Course Title: 0400 - Jogging the Cogs: Trauma-Focused Art Therapy and Cognitive Behavioral Therapy with Sexually Abused Children

Course Description: Art therapy in conjunction with cognitive behavioral therapy reduces symptoms and enhances the potential for positive outcomes for sexually abused children in trauma-focused treatment. This course presents a treatment model that utilizes specific art therapy interventions to facilitate treatment, based on research on the effectiveness of combined art therapy and cognitive behavior therapy (Pifalo, 2001, 2006).

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Terry Pifalo, MEd, MPS-CAT, ATR,** has been employed for 8 years as an art therapist at the Dee Norton Lowcountry Children's Center in Charleston, SC, a multidisciplinary forensic/treatment center for children who have been sexually abused and their families.



Course Title: 0401 – Integrating Art Therapy into a Rape Crisis Center

Course Description: The impact of sexual violence necessitates an immediate clinical response and uninterrupted therapy to achieve better outcomes for victims. In order to develop better treatment programs, it is crucial to understand the limitations of traditional advocacy from paraprofessionals to the management of these disorders and develop integrated counseling programs.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Carol Olson, M.A., M.A.A.T., ATR-BC, LPC, CSAC** is a board-certified art therapist and licensed counselor. She has completed clinical supervision training. she has completed two Master's Degrees in human service related degrees (Counseling and Art Therapy) as well as a bachelor's degree in Psychology. She has more than 15 years of clinical experience working in a variety of settings and with various populations. She also has experience in leading non-profit organizations. She is currently the Executive Director of the Rappahannock Council Against Sexual Assault, Treasurer of the Virginia Art Therapy Association, and a governing body member of the Virginia Sexual and Domestic Violence Action Alliance.



Course Title: 0402 - Narrative Truth, Historical Truth, and Nonverbal Truth of Traumatic Memory

Course Description: The narrative truth of one's trauma story is not sufficient. The necessary historical truth is contained in the nonverbal memory, the basis of posttraumatic symptoms. Historical truth is conveyed by the body sensations that accompany the instinctual trauma response. Narrative closure follows the integration of narrative and historical truth.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Louis Tinnin, M.D.,** a graduate of the University of Chicago was trained in psychiatry at the University of Cincinnati. He is Professor Emeritus in psychiatry at West Virginia University. He is the psychiatric consultant for Intensive Trauma Therapy, Inc,

Morgantown, West Virginia. **Linda Gantt, Ph.D., ATR-BC, HLM**, is Executive Director of Intensive Trauma Therapy, Morgantown, WV, an outpatient trauma clinic. She has presented nationally and internationally on art therapy in trauma treatment as well as on the Formal Elements Art Therapy Scale (FEATS) that she and Carmello Tabone developed.

Course Category: A005 – Art Therapy Education and Supervision



Course Title: 0500 – Art Therapy and Education: Exploring Connections

Course Description: Art Therapy and Art Education have significant links to each other. By discussing the similarities and differences of these two disciplines, the author presents how art therapy theories and ideas can transfer to the art world in other contexts, such as museums.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Rory Schmitt, M.P.S., ATR-BC**, is a professional photographer and an art therapist in Phoenix, Arizona. She is also a Ph.D. student in Art Education at Arizona State University. She currently works at the ASU Art Museum in the Education Department. Her mission is to foster inter-cultural communication through photography.



Course Title: 0501 – International Art Therapy Standards: Building a Sustainable Art Therapy Program in Hong Kong

Course Description: A challenge to the global profession of art therapy is to ensure that art therapy training programs are at once standardized across countries, while also rooted in local expectations and culture. Considerations of current educational recommendations and challenges are addressed in developing a graduate level program in Hong Kong.

CECs: 1 CEC

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Jordan S. Potash, Ph.D., ATR-BC, LCAT** is the Expressive Arts Therapy Program Coordinator for the Centre on Behavioral Health, University of Hong Kong. His focus is on social change, adolescence, and cross-cultural relationships. He is also a Professorial Lecturer in the Art Therapy Program at The George Washington University.



Course Title: 0502 – El Duende Process Painting in Supervision: Journeys to Relational Resource

Course Description: For this course, the technical and conceptual stages of El Duende Process Painting are explored first, after which internship students share their multimedia visual journey capstone projects. Witnessing the transformational flow from week to week reveals and illuminates the unique process of integrating this approach with art therapy group supervision.

CECs: 1.5 CECs.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

Course Authors: **Abbe Miller, M.S., ATR-BC, LPC** has practiced and taught nationwide, the processes of transformational art psychotherapy for 29 years. She is Director of the Graduate Art Therapy Program at Albertus Magnus College and maintains a private practice. Her chapter *Doorways to Creativity: Art Therapy from the Center* was published in 2004. **Caitlin Iannucci, M.A.A.T.** graduated in 2010 with her Master's Degree in Art Therapy from Albertus Magnus College. She is now working as a clinician with elementary school children at a school-based health center, where she implements solution-focused art therapy. Her commentary on her father's own healing art process was featured in *Art Therapy: Journal of the American Art Therapy Association* in 2007. **Lisa Kisiel** is a graduate student at Albertus Magnus College in the Master of Arts in Art Therapy program. She has completed her Associates Degree of Fine Arts with

concentration in photography from Paire College of Art and her Bachelor's Degree in Psychology with concentration in Art Therapy from Albertus Magnus College. She has worked with the substance abuse population and at risk youth throughout her undergraduate and graduate internship placements. **Nancy Rhoda. Julia Smith, B.A.**, is currently working towards a Master of Arts in Art Therapy from Albertus Magnus College in New Haven, Connecticut. She received her Bachelor of Arts in Psychology with a concentration in Art Therapy also from Albertus Magnus College in 2002.



Course Title: 0503 - Telesupervision in Art Therapy: Current Practices and Recommendations

Course Description: In our global society, we turn to our computers for everything from communication to shopping to banking. So why not supervision? This course will describe the growing phenomenon of distance supervision in art therapy. Attention will be paid to challenges of, and recommendations for, engaging in distance supervision.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Rachel Brandoff, M.A., ATR-BC, LCAT**, is the co-founder of the Creative Arts Therapies Center in NYC, and is core faculty at Lesley University. She travels to teach and work with special populations and consults on developing art and expressive therapy programs. **Reina Lombardi, M.A., ATR** earned her Master's Degree in Expressive Therapy and Mental Health Counseling in 2004. She is a registered art therapist (ATR), and has experience working with children of all ages and abilities in both, educational and clinical settings. She is the associate program manager for Art Speak: Expressive Arts and Autism program for the Foundation for Lee County Public Schools.

Course Category: A006 – Art Therapy and Ethics

Course Title: 0600 – Ethical Issues in Art Therapy

Course Description: This course provides a study of philosophic, moral, legal and practical questions relevant to the professional practice of art therapy and the larger fields of mental health care and counseling. Attention is given to basic principles of ethical thought and standards that guide art therapy practice and includes an understanding of professional roles and functions, credentialing and regulation that affect the art therapy profession. This course will require access to the book, "Ethical Issues in Art Therapy" by Bruce L. Moon. ***If participants do not already own the book or have access to it from the library, they will need to purchase the book. The purchase price of the book is not included in the course fee.***

CECs: 6 CECs.

Course Fee: \$125 for American Art Therapy Association Members, \$165 for nonmembers. **(Purchase price does not include the book).** If participants do not own a copy of the book, below are some suggested retail options with prices ranging from \$39 for paperback to \$55 for hardcover.

■ Publisher: Charles S. Thomas Publisher, LTD – <http://www.ccthomas.com>

■ *Amazon.com - <http://www.amazon.com>

■ *Borders - <http://www.borders.com>

■ *Barnes & Noble – <http://www.barnesandnoble.com>

****You may want to visit GoodSearch to research coupons for various retailers, which may include free shipping! <http://www.goodsearch.com/amazon/coupons>.***

Course Author: **Bruce L. Moon, Ph.D., ATR-BC** is a professor of art therapy with extensive clinical, administrative, and teaching experience. He is a registered and board certified art therapist who holds a doctorate in creative arts with a specialization in art therapy. Dr. Moon's clinical practice of art therapy, focused on the treatment of emotionally disturbed children, adolescents, and adults has spanned over thirty years. He has

lectured and led workshops at many colleges, universities, conferences, and symposia in the U.S. and Canada.

Course Category: A007 – Art Therapy Theory, Practice and Techniques

Course Title: 0700 – Altered Books in Art Therapy

Course Description: This course examines how altered books can be used in art therapy. An altered book is a published book that has been changed into a new work of visual art through various art processes such as painting, drawing, collage, writing, and embellishment. Books are discussed as an art canvas on which to provide stimulation, structure, portability, and increased opportunities for reflection. Altered book making is an option for art therapists who are looking for means to provide containment while promoting creativity and self-expression.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Gioia Chilton**, MA, ATR-BC, Adjunct Faculty, George Washington University and Marymount University.



Course Title: 0701 – Sidewalk Chalk as a Catalyst for Creativity

Course Description: The use of sidewalk chalk as a medium holds great therapeutic value to the developing child's creativity and ability to play. The therapeutic, kinesthetic, social/interpersonal, and psychological areas within childhood development can be addressed with the inclusion of sidewalk chalk as a catalyst for creativity. This course explores sidewalk chalk within the aspect of play, provides adaptive techniques and discusses intervention techniques within the school setting.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Deborah Elkis-Abuhoff**, Ph.D., ATR-BC, LCAT, is an assistant professor in the Creative Arts Therapy program at Hofstra University. She has extensive experience incorporating the use of artwork in the therapeutic process. The focus of her work is to bring art therapy to the medical population. **Morgan Gaydos**, MA, ATR, LCAT, currently works as an Art Therapist for the inpatient chemical dependency program at Nassau University Medical Center, as well as developmentally delayed children in a therapeutic preschool.



Course Title: 0702 – Awakening Awareness: Integrating Vertical and Horizontal Processing via the Expressive Therapies Continuum

Course Description: This course will provide participants with information about major types of cerebral processing necessary for making unconscious material available to conscious awareness. The Expressive Therapies Continuum will be explored as a framework for developing treatment that is consistent with these processes for the purpose of reconciling cognitive/affective/behavioral issues.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Megan L. Van Meter**, MA, LPC-AT, ATR-BC, is the president of the South Texas Art Therapy Association. She has served the Art Therapy Credentials Board as the chair of its certification committee and has served on the boards of the San Diego Art Therapy Association and the North Texas Art Therapy Association. Her clinical interests focus on the intersection of neuroscience and art therapy. She currently works with emotionally disturbed students through the special education department of the Hays Consolidated Independent School District near Austin, Texas.



Course Title: 0703 – An Altered Book for an Altered Life

Course Description: An altered book provides both pictorial and sculptural expression and has the sequential character of a narrative for story-telling. The author will share her own personal altered book of her cancer journey and read excerpts from her written journal to compare visual and verbal creative expression of emotionally-laden material.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Harriet Wadeson**, Ph.D., LCSW, ATR-BC, HLM, began her career at NIH in 1961, established and directed the Art Therapy Graduate Program at the University of Illinois for 23 years, published 6 books, 70 papers, and chapters in psychology texts. Honors include Honorary Life Member, of the American Art Therapy Association (AATA), Rush Award from the American Psychiatric Association, Resolution of Commendation from the Illinois Legislature, 1st prize for research from the American Art Therapy Association, 1st prize for art from the Smithsonian Institute, and numerous other art awards. She is an international guest lecturer, was Associate Editor of *Art Therapy: Journal of the American Art Therapy Association*, a member of AATA Executive Board, and chair of various AATA committees. Currently she teaches at Northwestern University.



Course Title: 0704 – Hellinger Meets Rhyne: Resolving Past Family Conflicts Now in Addiction Treatment

Course Description: This course discusses a combining of Rhyne's Gestalt art therapy approach with Hellinger's family constellations, to enhance cognitive and emotional awareness of addictive patterns' origins. Transpersonal aspects of Hellinger's theory of the "Orders of Love" are made visible and concrete in clay for verbal processing and abreaction.

CECs: 1.5 CECs.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

Course Author: **Patricia Quinn, MS, LCAT, CASAC, ATR-BC**, is an artist and therapist who has offered art therapy privately and in health and educational settings for the elderly, autistic and emotionally challenged, visually handicapped, homeless, and people with addictions and their families. She has administrated agency programs, and lectures frequently on the field of art therapy.



Course Title: 0705 – The Art of Happiness: Positive Psychology and Art Therapy

Course Description: Who is happy? Why be happy? Can creative endeavors contribute to happiness, and if so, how? These questions and more will be explored through an introduction to Positive Psychology, the science of happiness. Positive psychology seeks to help us identify and build upon character strengths as tools to increase well being. We will explore the connection between Positive Psychology and art therapy and offer strategies for using creative endeavors to increase engagement, mastery, and flow.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Authors: **Rebecca Wilkinson, M.A., ATR-BC** is co-founder of Creative Wellbeing Workshops and co-author of *Positive Art Therapy: Envisioning the Intersection of Art Therapy and Positive Psychology*. She teaches Positive Psychology and Art Therapy at George Washington University's Art Therapy Program and she is Coordinator of the Expressive Therapies Program at Washington Adventist Hospital, MD. She also facilitates workshops through Smith Center for Healing Arts in DC for individuals struggling with severe illness, their caregivers, and for healthcare professionals. **Gioia Chilton, M.A., ATR-BC** is a registered and board certified art therapist, and an artist interested in mixed media and altered art. Gioia is on the faculty of the George Washington

University and Marymount University and is currently a Doctoral student at Drexel University.



- Course Title:** **0706 - Controlled Chaos: A Non-Directive Approach for Art Therapy Groups**
- Course Description:** Art therapists may be tempted to guide group process through directives, yet experts encourage growth through unplanned and spontaneous interactions. In the push for evidence-based practices and funding shortages, when are nondirective approaches more appropriate than directive? How can we provide the structure and freedom necessary for therapeutic growth?
- CECs:** 1 CEC.
- Course Fee:** \$25 for American Art Therapy Association Members, \$40 for nonmembers.
- Course Authors:** **Einat Metzli, Ph.D., A.T.R.-B.C., LMFT** holds a Ph.D. in the art therapy from the Florida State University where she wrote her dissertation on resilience and creativity in New Orleans after hurricane Katrina. She is a full time professor at Loyola Marymount University's Marital and Family Therapy in the Modality of Art. Einat has an extensive clinical experience, which includes working at psychiatric hospitals, residential facilities, special education schools, an early intervention center, and an elderly adult facility. **Malissa Morrell, M.A., ATR, LMFT** is a Registered Art Therapist and Licensed Marriage and Family Therapist living and working in Los Angeles. In addition to private practice, she is currently the head of the Artists Program at Children's Hospital Los Angeles, coordinating art, music, dance, and other expressive therapies and arts opportunities in a pediatric setting.
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Course Category: A008 – Art Therapy Professional Practice Issues



- Course Title:** **0801 – Tools of the Trade: Creating a Successful Art Therapy Business**
- Course Description:** This workshop explores contemporary issues and current trends in developing a thriving business as an art therapist. The workshop will address how to create a successful business via the understanding of a target market and niche marketing. The Webinar also includes how to use our inherent creative problem solving skills as art therapists to identify obstacles and resources, and create professional success. When we have an understanding of our ideal client and their specific needs we can assess if our identified niche will be a match for that client's needs. Now more than ever--there are tremendous opportunities to create programs and services directed at helping transform the lives of others while earning a healthy salary.
- CECs:** 1 CEC.
- Course Fee:** \$25 for American Art Therapy Association Members, \$40 for nonmembers.
- Course Author:** **Laura Dessauer, EdD (ABD), ATR-BC, LCAT, LMHC** is a New York State Licensed Creative Art Therapist and Mental Health Counselor, and a Board Certified Art Therapist with 20 years experience working with emotionally challenged, developmentally delayed, and at-risk children, adolescents and families. Laura is the founder of Creativity Queen, LLC - winner of the Small Business Award 2007 (SCORE), and the founder of Business Success for Art Therapists.
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- Course Title:** **0803 – SoulCollage® for Us: How Peer Support Awakened Our Art Therapy Practice**
- Course Description:** Five art therapists began a group to continue the SoulCollage® process for persona exploration. An awakening of inspiration followed over the next three years, moving from personal to professional. Panelists will discuss how through peer support and facilitation training, they developed, in partnership and individually, SoulCollage® groups in their communities.

CECs: 1.5 CECs.

Course Fee: \$37 for American Art Therapy Association Members, \$60 for nonmembers.

Course Authors: **Lisa Cresson**, MA, MFT, ATR, specializes in treating adolescents, families and adults struggling with substance abuse and addictions. She is currently in private practice in Half Moon Bay, CA. **Sarah Kremer**, MAAT, ATR-BC, is a youth mentoring specialist, art therapist, and artist based in the San Francisco Bay Area. She received her M.A.A.T. from The School of the Art Institute of Chicago. As Program Director of a youth mentoring training program, she has conducted nearly 100 trainings and workshops. Previous work focused on adolescents in psychiatric care, day treatment, dance camps, and juvenile probation. **Lauren Owenmark**, MAAT, ATR-BC, LPC, is an artist, art therapist, art educator, trained SoulCollage® facilitator and partner of Art-in-Mind. She received her MAAT from the Art Institute of Chicago. Lauren also holds an art education certification. She has 14 years of experience working with special needs children. More recently, Lauren has been consulting and working as a full-time mother. **Amy Rogers**, MA, ATR-BC, MFT, is a graduate of the art therapy program at Notre Dame de Namur University. Amy's experience lies mostly with youth who are emotionally disturbed from group homes to school-based day treatments. Amy is also a trained SoulCollage® facilitator and conduct SoulCollage® groups and introductions throughout Northern California. She is currently the President of NorCATA and the Training Manager for Fred Finch Youth Center in Oakland, CA. **Beth VanDusen**, MPS, is an artist, art therapist and trained SoulCollage® facilitator living in San Francisco, CA. She earned her Master's degree in Art Therapy from Pratt Institute in 2004, and is close to receiving her ATR. She currently works as an Art Therapist for John Muir Behavioral Health Center in Concord, CA.



Course Title: **0804 - Quality of Art Therapy: Focusing on Caseloads and Redefining Services**

Course Description: Sustainability and growth in the field of art therapy is necessary. Defining services, as well as restructuring caseloads are essential to providing quality art therapy services. Transformations occur when professionals make a choice to creatively problem-solve the burn-out aspects of their art therapy positions.

CECs: 1 CEC.

Course Fee: \$25 for American Art Therapy Association Members, \$40 for nonmembers.

Course Author: **Maia Wheeler, M.A.A.T.**, received her undergraduate degree in Psychology from Spelman College and her graduate degree in Art Therapy from The School of The Art Institute of Chicago. She began working with children diagnosed with autism in a private practice setting, assisting a Pediatric Occupational Therapist with listening-therapy. She then wrote her graduate thesis based on her experiences and subsequently started working at Easter Seals Therapeutic School and Center for Autism Research in September of 2007.

To login to the Institute for Continuing Education in Art Therapy (ICE/AT) – Visit:
<http://arttherapy.trainingcampus.net/>

We are seeking course authors for ICE/AT. For additional information and to download an Author Kit, please visit: <http://www.americanarttherapyassociation.org/aata-practice-center.html>; or email **Barbara Florence** at bflorence@arttherapy.org.

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